



Code of Conduct



discgolfnl.com



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Game Play:

- Players must take due care when throwing a disc to not threaten another person's safety or property: If in doubt, don't throw the disc.
- Be respectful when others are throwing. Stand well behind the throwing player to give them space and keep noise to a minimum.
- If a thrown disc is lost, all players in a group should help find it.
- If you find a disc, try to find a way to return it. Writing your contact information on the inside rim of the disc greatly increases the chances of it being returned. If no contact information is provided, you can post in the 'Newfoundland and Labrador Disc Golfers' Facebook group to try and find the owner.
- If a disc lands on private property and cannot be retrieved without trespassing, you must seek permission from the property owner before retrieving their disc.
- When retrieving discs from wooded areas, do not damage trees/branches. Breaking a branch to give yourself a better throw is against the official PDGA rules.
- Players should wear footwear that will protect and support the foot and ankle and stretch and warm-up adequately before throwing.

Courtesy Rules:

- Players must engage in sportsmanlike behaviour at all times. Unsportsmanlike behaviour includes shouting (unless warning someone at risk of being struck by a disc), striking another player, cursing, moving or talking while another player is throwing, smoking (and allowing the smoke to disturb other players), littering and leaving equipment where it may distract other players or interfere with a thrown disc.
- If you notice a player or group behind you moving at a faster pace, wait on the next tee and allow them to go ahead. This is called letting someone 'play through.'
- Players must dispose of trash in garbage receptacles. If there are none present, hold onto trash until your round is complete.
- Players should follow posted course rules, including, but not limited to, the use of glass bottles, pets being allowed leashed or unleashed, and smoking.